



KLOOF &
HIGHWAY
SPCA

Delicious homemade treats recipe



This quick, easy, and healthy homemade pet treat recipe can be used for both dogs and cats. It's healthy, affordable, and uses ingredients commonly found in most South African homes.

Oat & Pumpkin Bites (for Dogs and Cats)

Ingredients:

- 250 ml cooked pumpkin (fresh or tinned, unsweetened – not pie filling)
- 2 cups (500 ml) oats (blitzed into a flour using a food processor or blender)
- 1 large egg (or 1 Tbsp chia seeds soaked in 3 Tbsp water – for egg-free)
- Optional: 1 tsp ground turmeric (natural anti-inflammatory)
- 🐱 Optional for cats:
 - 15 ml finely grated parmesan or a pinch of dried catnip
- 🐶 Optional for dogs:
 - 15 ml natural peanut butter (ensure it's xylitol-free!)



Directions:

1. Preheat oven to 180°C
2. Mix all the ingredients together in a bowl until a soft dough forms.
3. Roll into small balls or flatten and cut into shapes using a cookie cutter.
4. Place on a greased or lined baking tray.
5. Bake for 15–20 minutes until golden and firm.
6. Allow to cool completely before serving.

Store in an airtight container for up to a week or freeze for up to two months.

Health Benefits:

- Pumpkin: Supports healthy digestion and is gentle on sensitive tummies.
- Oats: Full of fibre, good for skin and coat health, and easy to digest.
- Egg or Chia: Rich in protein and omega-3 fatty acids to support brain and heart health.
- Turmeric (optional): A natural anti-inflammatory that can help with joint health.

Disclaimer:

These homemade treats are intended as occasional snacks and should not replace a balanced diet formulated for your pet's specific needs. Always check with your veterinarian before introducing new ingredients.



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